

Recovery^(TM)

Celebrating 48 years in Ireland



Anxiety

Panic

Anger

Depression

Bipolar



Recovery
Self Help Method
Ireland

We Can Help

**Meeting Every Mon 8pm
St Patrick's Gateway Centre,
Patrick Street,
Waterford, X91 YX61**

www.recoveryireland.ie

HSE Funded Charity CHY7690

Tel: 01 62 60 775

Recovery^(TM)

Celebrating 48 years in Ireland



Anxiety

Panic

Anger

Depression

Bipolar



Recovery
Self Help Method
Ireland

We Can Help

**Meeting Every Mon 8pm
St Patrick's Gateway Centre,
Patrick Street,
Waterford, X91 YX61**

www.recoveryireland.ie

HSE Funded Charity CHY7690

Tel: 01 62 60 775