

DO YOU HAVE?

Anxiety

Panic

Anger

Depression



Recovery
Self Help Method
Ireland

LOCAL MEETING
Every Wed
8.00pm

Holy Redeemer
Parish Centre,
Herbert Road, Bray,
Co. Wicklow
(Ring the bell marked
Recovery)

- CAN HELP YOU! -

Telephone: 00 353 1 62 60 775

Charity No: CHY 7690

www.recoveryireland.ie