

DO YOU HAVE?

Anxiety

Panic

Anger

Depression



Recovery
Self Help Method
Ireland

LOCAL MEETING
Every Mon
8.00pm

The Pastoral Centre,
Church of the
Immaculate
Conception, Convent
Road, Clondalkin

- CAN HELP YOU! -

Telephone: 00 353 1 62 60 775

Charity No: CHY 7690

www.recoveryireland.ie