

DO YOU HAVE?

Anxiety

Panic

Anger

Depression



Recovery
Self Help Method
Ireland

LOCAL MEETING
Every Thur
8.30pm

**Brackenstown Adult
Education Centre
St Cronan's School
Swords
Co. Dublin**

- CAN HELP YOU! -

Telephone: 00 353 1 62 60 775

Charity No: CHY 7690

www.recoveryireland.ie