

Recovery^(TM)

Celebrating 48 years in Ireland



Anxiety

Panic

Anger

Depression

Bipolar



Recovery
Self Help Method
Ireland

We Can Help

Meeting Every Mon 8pm
St Martin de Porres Parish Rooms
Church Grove
Tallaght, Dublin 24

www.recoveryireland.ie

HSE Funded Charity CHY7690

Tel: 01 62 60 775

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