

Recovery^(TM)

Celebrating 48 years in Ireland



Anxiety

Panic

Anger

Depression

Bipolar



Recovery
Self Help Method
Ireland

We Can Help

Meeting Every Tue 7.30pm
St. Brigid's Resource Centre
306 Howth Road,
Clontarf East,
Dublin 5.

www.recoveryireland.ie

HSE Funded Charity CHY7690

Tel: 01 62 60 775

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